



WINDSOR ARMS

BREAKFAST MENU

WELLNESS

OVERNIGHT OATS 8

cold oats | almond milk | agave
dried cranberries | chocolate

WINDSOR ARMS SCONE 8

clotted cream | jam
choice of plain or raisin scone

FRESH BAKED PASTRIES 14

chef's daily selection
berry preserves | butter

CHIA YOGURT PARFAIT 14

granola | greek yogurt | berries

FRUIT AND BERRIES 16

melon | pineapple | fresh berries
cottage cheese

CREATIVE TOASTS

HAM & BRIE FRENCH TOAST 19

brioche | candied pecans | berries | maple syrup

SMOKED SALMON & AVOCADO TOAST 21

lemon ricotta | arugula | cucumber
tomato | sliced cape town loaf

RISE AND SHINE

PROTEIN BOWL 19

one poached egg | quinoa | edamame | mushrooms
asparagus | arugula | hemp seeds

CLASSIC 21

two eggs any style | home fries | bacon
toasted baguette | berry jam

OMELETTE 21

select three fillings:

asparagus | mushroom | cheddar | ham | onions
peppers

toasted baguette | jam | garnished fruit & berries
egg white additional \$2

EGGS BENNY 23

two poached eggs | hollandaise | english muffin
home fries

choice of: peameal bacon | avocado florentine or
smoked salmon with spinach

POWER BREAKFAST 24

two eggs any style | baby green salad | mango slaw
avocado | buffalo mozzarella | olive oil
sunflower seeds | sliced cape town loaf

ENHANCEMENTS

Half Avocado 6

One Egg 3

Cottage Cheese 4

Pork Sausage 6

Turkey Sausage 6

Bacon 6

Peameal Bacon 7

ENERGIZE 12

SUNSHINE SMOOTHIE

mango | pineapple | banana | coconut milk

GREEN SMOOTHIE

spinach | honeydew | avocado | banana | almond milk

APPLE BEET GINGER JUICE

fresh pressed

BEVERAGES 6

Orange, Grapefruit, Apple, Cranberry Juices

Hot Chocolate

Lavazza Coffee, Espresso, Cappuccino

Filtered Water

Windsor Arms Loose Leaf Teas 8